

NOODLES

	Reg	Lg
SOUP NOODLES		
Braised Beef Noodle Soup	13.95	
Long Life Noodle Soup	12.95	20.95
Shrimp and Curry Noodle Soup 🍲	14.95	
Pork and Pickled Cabbage	12.95	
STIR-FRIED NOODLES		
Beef or Chicken Chow Funn	12.95	21.95
Rice Noodles Singapore Style	13.95	21.95
Vegetarian Style	12.95	20.95
(please choose egg or no egg)		
Pad Thai Noodles with Shrimp 🥚	14.95	23.95
with Chicken or Veggie 🥚	12.95	21.95
Cantonese Pan-Fried Noodles with Chicken or Pork	13.95	22.95
Sichuan Dan Dan Noodles with Shrimp 🍲	12.95	21.95
with Pork or Veggie 🍲	10.95	17.95
Bo Lings Fried Noodles	14.95	23.95
Combination Lo Mein	13.95	22.95

FRIED RICE

Pineapple Fried Rice with Seafood 🌿	18.95	
with Chicken 🌿 or BBQ Pork	15.95	
with Vegetables 🌿	14.95	
add XO sauce \$3		
XO Sauce Fried Rice 🍲	11.95	19.95
add Shrimp \$4		
add Chicken \$3		
Young Chow Fried Rice	12.95	20.95
Shrimp Fried Rice	12.95	20.95
Chicken or BBQ Pork Fried Rice	11.95	19.95
Vegetable Fried Rice 🌿	10.55	18.95
House Special Rice Plate	14.95	23.95

LUNCH SPECIALS

Monday–Friday 11:00–3:00. Except holidays.

Lunch served with Egg Drop Soup, Crab Rangoon and choice of steamed white, brown or fried rice.

Salmon Teriyaki	14.95
General Tso's Chicken 🍲	10.95
Mandarin Chicken	9.95
Gong Bao Chicken 🍲 🥚	9.95
Cashew Chicken 🥚	9.95
Curry Chicken 🍲 🌿	9.95
Sweet and Sour Chicken	9.95
Strip Pork and Green Beans	9.95
Beef with Broccoli	10.95
Mongolian Beef 🍲	10.95
Chicken and Shrimp Hunan Style 🍲	10.95
Chicken and Shrimp in Ginger Sauce 🌿	10.95
Curry Vegetable and Tofu 🍲 🌿	10.95
Tofu Family Style 🍲	9.95

CLASSIC DISHES

	Reg	Lg
Cashew Chicken 🥚	12.95	22.95
Sweet and Sour Chicken	11.95	22.95
Sesame Chicken 🥚	13.55	23.95
Orange Peel Chicken 🍲	13.95	23.95
Chicken and Vegetables 🌿	12.95	22.95
Chicken and Shrimp Hunan Style 🍲	14.95	23.95
Triple Delight	13.95	23.95
Beef with Broccoli	13.95	23.95
Mongolian Beef 🍲	13.95	24.95
Shrimp and Lobster Sauce 🌿	15.95	25.95

🌿 Gluten Free

🍲 Spicy

🥚 Nuts







BO LINGS
chinese please!

Zona Rosa
8670 NW Prairie View Road
Kansas City, MO 64153

Open 7 Days
(816) 587 - 7880

ORDER ONLINE: WWW.BOLINGS.COM


SOUP

	Cup	Bowl	Qt
Sizzling Rice with Chicken Soup 			9.95
Seafood and Tofu Soup 			11.95
House Famous Hot and Sour Soup 	3.95	5.55	8.95
Chicken Wonton Soup	3.95	5.55	8.95
Egg Drop Soup 	3.55	4.95	8.75





DUMPLINGS

	Reg	Lg
Sichuan Red Sauce Dumplings (8/24) 	8.55	22.95
Pan-Fried Pork Dumplings (8/24)	8.75	23.95
Steamed Pork Dumplings (8/24)	8.75	23.95
Steamed Vegetable Dumplings (8/24)	8.55	22.95
Shrimp and Pork Chive Dumplings (10/20)	8.95	16.95

APPETIZERS

Fried Calamari	9.95	18.95
Cantonese Lettuce Wraps	8.95	
choose Chicken or Veggie		
Vietnamese Spring Rolls (2/6)	7.95	21.95
choose Shrimp and Pork or Veggie		
Crab Rangoon (6/18)	7.55	21.95
Crispy Shrimp Rolls (3/9)	5.95	17.95
Vegetable Spring Rolls (2/6)	4.95	15.95
Crispy Eggplant	8.55	14.95
Edamame 	5.75	12.95

HOUSE SPECIALTIES

	Reg	Lg
Beijing Roasted Duck (half/whole duck)	22.95	38.95
Cantonese Whole Flounder (de-boned)	26.95	
Stir-Fried in Ginger and Scallion Sauce		
or Sweet Chili and Garlic Sauce 		
House Special Sizzling Rice 	17.95	
Cantonese Pork Belly with Pickled Cabbage	17.95	
Lamb with Scallions	16.95	26.95
Sizzling Beef and Scallops	18.95	
Steamed Salmon in Ginger and Scallion Sauce	18.95	
Shrimp and Pork Delight 	18.95	
Sautéed Calamari in Black Bean Sauce 	15.95	







SEAFOOD

Sichuan Wonder Fish 	17.95	
Sizzling Shrimp and Scallops	18.95	29.95
Gong Bao Shrimp and Scallops  	18.95	29.95
Baby Shrimp and Spinach 	16.95	26.95
Cashew Shrimp  	15.95	26.95
Honey Walnut Shrimp 	15.95	27.95
Moo Shu Shrimp with Pancakes	14.95	25.95
Beijing Shrimp 	16.95	27.95
Sichuan Chili Shrimp 	16.95	27.95






PORK

Mandarin Pork	12.95	23.95
Strip Pork with Green Beans	12.95	23.95
Strip Pork with Marinated Tofu	12.95	23.95
Moo Shu Pork with Pancakes	11.95	21.95
Sweet and Sour Pork	14.95	25.95

POULTRY

	Reg	Lg
Sichuan Wonder Chicken 	14.95	
Gong Bao Chicken  	12.95	22.95
General Tso's Chicken 	13.55	23.95
Sichuan Peppercorn Chicken 	12.95	22.95
Mandarin Chicken	12.95	22.95
Chicken in Black Bean Sauce 	12.95	23.95
Honey Walnut Chicken 	12.95	23.95
House Yellow Curry Chicken  	12.95	23.95
Moo Shu Chicken with Pancakes	11.95	21.95
Empress Chicken 	13.95	23.95

BEEF

Sichuan Wonder Beef 	16.95	
Beijing Crispy Beef 	16.95	25.95
Sichuan Gong Bao Beef  	16.95	25.95
Sichuan Peppercorn Beef 	16.95	25.95
Beef with Ginger and Mushrooms	16.95	25.95

VEGETABLE AND TOFU

Green Bean Sichuan Style 	10.95	18.95
add Marinated Tofu \$3		
Sichuan Eggplant and Tomato 	11.95	20.95
House Yellow Curry Vegetables  	11.95	20.95
add Tofu \$3		
Tofu in Black Bean Sauce 	10.95	20.95
Tofu Family Style 	10.95	20.95
Ma Po Tofu 	10.95	19.95
add Pork \$3		
Sautéed Mixed Chinese Vegetables 	10.95	18.95
Garlic Spinach 	10.95	18.95
Baby Bok Choy 	10.95	18.95

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 Nuts